What Are Drugs?

Chapter 5 Lesson 1
Part 2

ByDesign Science, Level 4 By Allyssa Sharpe

- 1. What is a drug?
 - A. changes the body's functions and affects the body, mind, or behavior
- 2. What is a medicine?
 - A. a legal drug that can help protect people from sickness, or treat or cure a sickness
- 3. What two things should you never do with your medicine?
 - A. never take more than is prescribed
 - B. never take (or give) medicine that belongs to someone else

- 4. What is an illegal drug?
 - A. a drug that it is illegal to sell, buy, or use
- 5. What can illegal drugs do to your body?
 - A. can damage organs so badly they do not function properly
 - B. the heart may stop beating
 - C. the person may stop breathing

- Laws control where people can buy different medicines.
- These laws divide medicine into two general classifications.



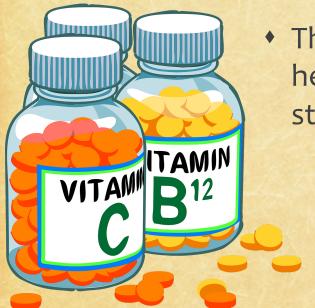
- A <u>prescription medicine</u> is a drug that must be prescribed, or ordered, by a doctor or other healthcare professional.
- This person knows how to choose the proper drug.
- The patient's age, size, and medical history help determine the right medicine and the right dose.





- Prescription medicines can help in many ways.
 - Stimulants are sometimes used to help people with attention deficits / hyperactive disorder (ADHD).
- Depressants help people who have seizures caused by epilepsy.
- Analgesics help people who suffer from pain.

- A drug that does not need a prescription is called an over-the-counter medicine (OTC drug).
- Aspirin, antacids,, and certain allergy pills are some examples of OTC drugs.



 These drugs might be given for headaches, fevers, upset stomachs, or allergies.



- Some OTC drugs are less powerful than prescription medicines.
- Many are the same strength as the prescription form of these drugs.
- OTC drugs are considered helpful if people follow the package directions.
- They can still be harmful if misused.

Drug Safety and Abuse

- Many people live responsibly lives, and they do not want to do anything that would harm their own bodies.
- However, some people are not responsible.
- They abuse medications or use illegal drugs
- They often try to get others to act in similar irresponsible ways.



Drug Safety and Abuse

- Some teenagers abuse prescription drugs because they think it is safer than using illegal drugs.
- They might not realize it, but abusing drugs and prescription medications can be deadly.



Follow these guidelines for medicine safety:

Drug Safety and Abuse Guidelines for Medicine Safety

- Recognize that God wants you to take care of your body
- Never decide on your own which medicine to take
- Always follow the directions for taking a medicine exactly
- Never take medicine for any reason other than treating the illness that it was designed for
- Never take medicine that was prescribed for someone else
- Be familiar with a medication's side effects before taking the medicine.

Drug Safety and Abuse



- If people abuse their bodies by using medicines improperly, or taking illegal drugs such as cocaine or marijuana, they can forget what is important in life.
- People who misuse drugs or use illegal drugs are not following God's plan.

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- 6. What are the two main classifications of drugs?
 - A. prescription medication and OTC
- 7. What is a prescription medication?
 - A. a drug that must be prescribed, or ordered, by a doctor or other health-care professional
- 8. What is an over-the-counter medication?
 - A. a drug that does not need a prescription